Resources for Distance Learning for Students with More Complex Disabilities

# IDEAS FOR SCHEDULING WHEN STUDENTS ARE LEARNING FROM HOME

#### IT WON'T BE THE SAME.

Prioritizing important skills, taking home resources into account and adding in student differences are starting points.

Additionally, students with complex disabilities often require more adult support to engage with instruction.

#### IT WON'T BE AS LONG.

Learning won't be for 5 1/2 hours a day. In fact, it won't even be close. According to the Illinois State Board of Education, the time should range from 20-60 minutes a day (Pre-K) to 90-270 minutes a day in high school.

### IT WON'T BE TYPICAL SCHOOLWORK.

Daily living skills, game time, and physical activies all have value for children.

### CONSISTENT ROUTINES ARE KEY

Your students and their families need consistent routines. This includes instructional times, instructional routines, and communication.



# DAILY SCHEDULE OPTIONS



## 10 MINUTES OF WORK THEN 10 MINUTES OF BREAK

In this schedule, the student has several tasks that he is expected to complete. After working for 10 minutes, the student has a break. Using a visual timer for this schedule is important.

Expect to have several 10 minute work periods per day.

### USING A TO-DO LIST APPROACH TO SCHEDULING

In this approach, there is a list of things that have to be completed. This list might include written words, pictures of tasks, or the tasks themselves laid out. The student completes the tasks on the list and checks them off as they are done. The items could be done in order or by choice.

Expect several to-do lists per day. LINK TO DIANN DOCUMENT

### **TIME BLOCKS**

### FIRST/THEN

In this schedule, the student has several tasks that he is expected to complete during specific time periods in the day. The times are more fluid.

Expect to have at least three work periods per day.

In this type of schedule, student work is presented periodically in a "first do this; then you can do that" manner.

Expect to engage in multiple first/then blocks per day.